

WE ARE NOT SAINTS



ESCYPANX

POUGHKEEPSIE, NY

NOVEMBER 8, 9, & 10 2024

# **WELCOME TO POUGHKEEPSIE**

**HOME OF THE 10TH ANNUAL EMPIRE STATE CONVENTION OF YOUNG PEOPLE  
IN ALCOHOLICS ANONYMOUS**

**We're genuinely thrilled you're here to celebrate sobriety with us. Your Host Committee has been going full speed over the last year, planning an unforgettable 10th ESCYPAA! We've brought in panelists from far and wide to share their experience, strength, and hope on the solution that binds us together. And let's not forget our bidders – the heartbeat of ESCYPAA – who've been hustling all year to keep the energy and spirit of this event alive.**

**We do have a few little requests:**

- 1. Keep an eye out for any newcomers or first-timers who might be looking a little shell-shocked. Scoop them up, make them feel at home, and invite them along. In case you need a reminder, the newcomer really is the most important person here.**
  - 2. We're sharing the hotel with other guests this weekend, so let's keep in mind that we're representing Alcoholics Anonymous. We may be the only version of a "Big Book" they ever see, so let's show them a good edition.**
  - 3. Take the excitement back home! Our goal is for you to leave the 10th ESCYPAA having grown along spiritual lines – and, we hope, fired up to bring this fellowship's energy back to your own community.**
- If you have questions at any point, your Host Committee is here to help.**

**THANK YOU for letting us be of service!**

**With gratitude,**

**The 10th ESCYPAA Host Committee**

# THEME

# ESCPAAK WE ARE NOT SAINTS

Taken from page 60 of the Big Book, Chapter 5, How It Works:

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Many of us exclaimed, "What an order! I can't go through with it." Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles.

**We are not saints.**

The point is, that we are willing to grow along spiritual lines.

The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection.”

# WHERE IS IT?

**REGISTRATION: OPENS FRIDAY AT 2:00**

Ground Floor near Entrance. Decorate your nametags near outreach/merch!

**HOSPITALITY: REGENCY A**

Open 24/7 starting Friday at 2:00

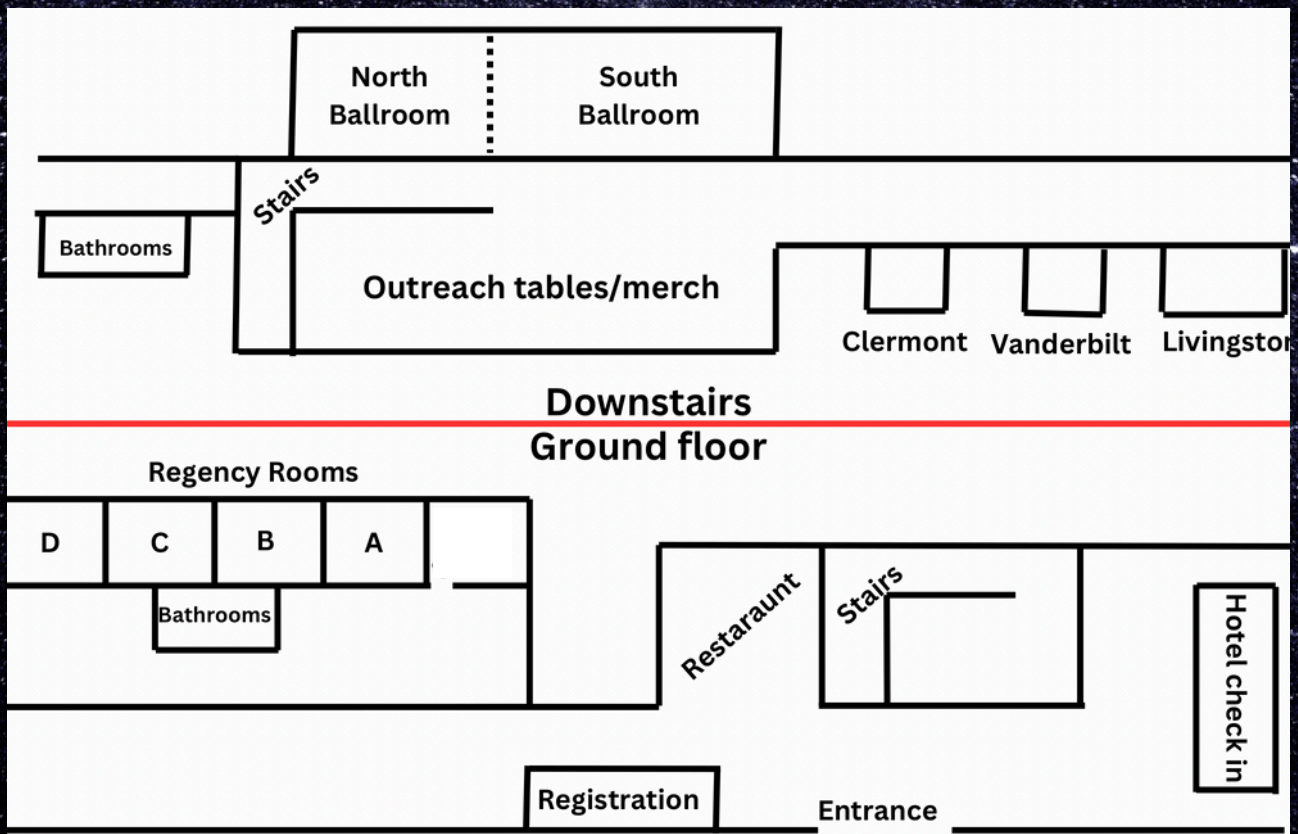
**AL-ANON PARTICIPATION: REGENCY C**

**MARATHON MEETINGS: REGENCY D**

**ZEN DEN: ROOM 269** (nice)

Open from 6:00 AM to 2:00 AM Friday and Saturday

## Hotel Map



# FRIDAY NOVEMBER 8

SOUTH BALLROOM

LIVINGSTON

GRAND BALLROOM

03.00 PM		<b>SPEED FELLOWSHIP</b>	
04.00 PM		<b>LETS TAKE THIS OUTSIDE</b> (TRADITION 10)	
05.00 PM			
06.00 PM			<b>HYPE</b>
07.00 PM			<b>MAIN MEETING</b> Caroline N. - Babylon, NY
08.00 PM			
09.00 PM			
09.30 PM	<b>GATES OF DEATH</b> <b>W/ DJ LANKA</b>		
10.00 PM			
11.00 PM		<b>AA TRIVIA</b> ***10:15 PM - 12 AM***	
12.00 AM			

# SATURDAY NOVEMBER 9

## PANELS AND WORKSHOPS

	VANDERBILT	CLERMONT	LIVINGSTON	SOUTH BALLROOM	NORTH BALLROOM
8-9	<b>FROM BAR TO BOARDROOM</b> (PROFESSIONALS IN AA)	<b>STEPS 1, 2, &amp; 3</b>			<b>YOGA</b>
9:15-10	<b>I'M F.I.N.E.</b> (EMOTIONAL SOBRIETY)	<b>STEPS 4 &amp; 5</b>			
10-10:15					
10:30-11:30	<b>CREATIVE INTELLIGENCE</b> (WE AGNOSTICS)	<b>STEPS 6 &amp; 7</b>		<b>***10 AM - 12 PM***</b> <b>BID SKITS</b>	
11:30-12:30			<b>QUEER IDEAS OF FUN</b> (LGBTQ+)		
12:30-1					
1-2		<b>STEPS 8 &amp; 9</b>	<b>GRIEF</b>		<b>***1 PM - 2:30 PM***</b> <b>GRAPEVINE WRITING WORKSHOP</b>
2:15-3:15	<b>NEVER HAVE I EVER</b> (NEVER HAD A LEGAL DRINK)	<b>STEPS 10 &amp; 11</b>		<b>(2:30)</b> <b>HUGS</b>	
3:30-4:30		<b>STEP 12</b>	<b>NOW ABOUT SEX</b> (SEX AND RELATIONSHIPS)		

# SATURDAY NOVEMBER 9

## MAIN MEETING AND ENTERTAINMENT

	SOUTH BALLROOM	LIVINGSTON	GRAND BALLROOM
06.00 PM			HYPE
07.00 PM			MAIN MEETING
08.00 PM			Nick M. - Buffalo, NY
09.00 PM			
09.30 PM	<b>YPAA COMES OF AGE:</b> DANCING THROUGH THE DECADES W/ DJ LANKA		
10:00 PM			
11:00 PM		<b>KARAOKE</b> (UNTIL 1AM)	
<b>MAFIA: CLERMONT - 10 PM</b> <b>LOVE THY NEIGHBOR: NORTH BALLROOM - 12 AM</b>			

### FOOD TRUCKS:

HOLE IN THE WALL DONUT TRUCK 8AM-12PM

EMPANADA MAMA 12PM-3PM

### SPECIAL PRESENTATION:

AN INTERACTIVE MUSICAL TRIP THROUGH STEPS 1-4

with CHRIS W. and music by LIGHTHOUSE PILOT

REGENCY D FROM 3PM-5PM

# SUNDAY NOVEMBER 10

	VANDERBILT	CLERMONT	GRAND BALLROOM
8-9			***NORTH BALLROOM*** <b>YOGA &amp; MEDITATION</b>
9-10	<b>WE ARE NOT SAINTS</b>	<b>THE JOY OF LIVING</b>	
10-11:30			<b>MAIN MEETING</b> Anna B. - Accord, NY

ESCPAAX

**ADMIT ONE**

Thursday Nov 7th

★ **PRE-CON** ★

**Bounce!**

★ ★ ★

Trampoline Park & Skating Rink

★ ★ ★

\$25 | 6-8pm | 2001 South Rd  
Poughkeepsie NY 12601





# ESCPAA

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## YOUR HOST COMMITTEE

ARRON H. - CHAIR

MELISSA J. - ALT CHAIR

EVAN S. - TREASURER & MERCH CHAIR

DAN H. - SECRETARY & WEB CHAIR

BYRON D. - HOTEL CHAIR

HENRY K. - REGISTRATION CHAIR & ALT HOTEL

JERI W. - PROGRAM CHAIR

KENDALL O. - ENTERTAINMENT & GRAPHICS CHAIR

CONNOR H. - OUTREACH AND ACCESSIBILITY CHAIR

GABRIEL W. - ALT EVENTS CHAIR

ANDREW S. - LITERATURE CHAIR

MEL C. - PRAYER & UNITY CHAIR

PAT D. - AL-ANON LIAISON

MATT W. - ROOM FACILITATOR

ANGIE B. - GENERAL MEMBER

LIZ C. - ALT PROGRAM



# FEATURED EVENTS

ESCYPAA X  
**GATES OF DEATH**  
FRIDAY NOVEMBER 5TH



**DJ LANKA**  
SOUTH BALLROOM  
STARTS 9:30PM

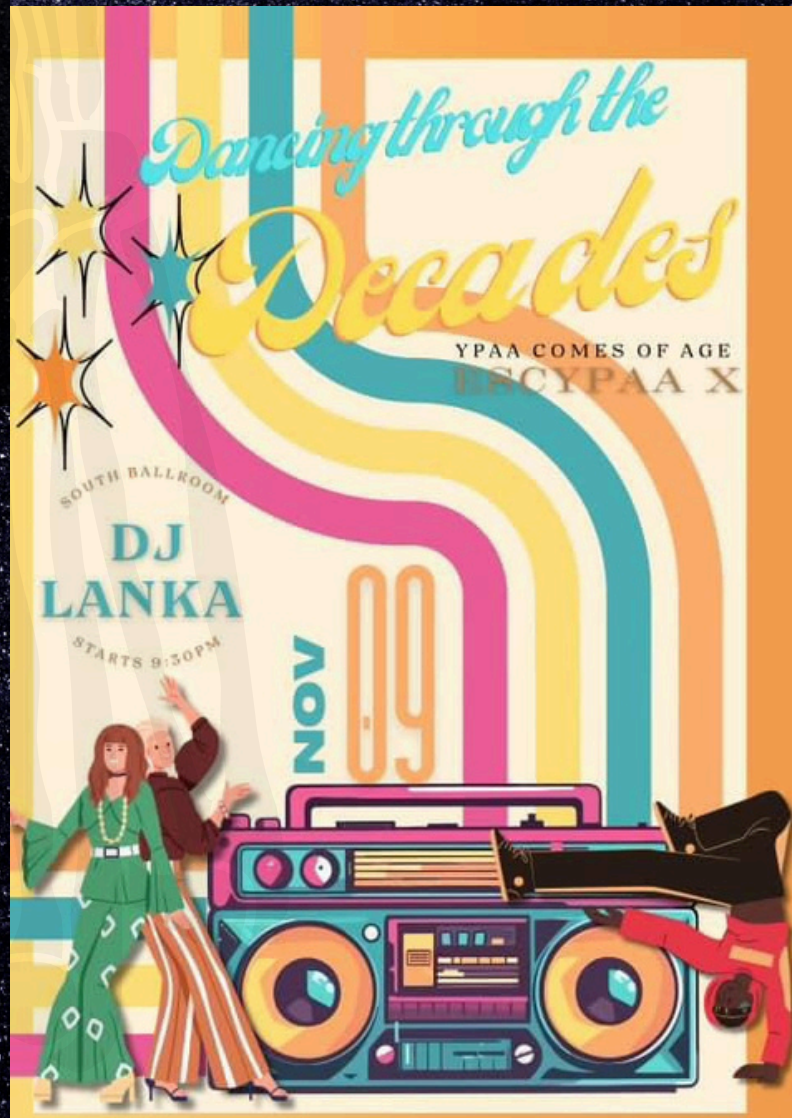


**AN INTERACTIVE MUSICAL TRIP THROUGH STEPS 1-4**  
with CHRIS W. and music by LIGHTHOUSE PILOT  
**REGENCY D FROM 3PM-5PM on SATURDAY!!!**

**MAFIA:**  
**CLERMONT - 10 PM**

**LOVE THY NEIGHBOR:**  
**NORTH BALLROOM - 12 AM**

**SATURDAY!!!**



# **THE SET ASIDE PRAYER**

**HIGHER POWER,  
TODAY HELP ME SET ASIDE EVERYTHING I THINK I KNOW ABOUT YOU,  
EVERYTHING I THINK I KNOW ABOUT MYSELF,  
EVERYTHING I THINK I KNOW ABOUT OTHERS,  
AND EVERYTHING I THINK I KNOW ABOUT MY OWN RECOVERY  
SO I MAY HAVE AN OPEN MIND  
AND A NEW EXPERIENCE WITH ALL THESE THINGS.  
PLEASE HELP ME SEE THE TRUTH.**

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# **THIRD STEP PRAYER**

**GOD, I OFFER MYSELF TO THEE - TO BUILD WITH ME AND TO DO WITH ME AS THOU WILT.  
RELIEVE ME OF THE BONDAGE OF SELF, THAT I MAY BETTER DO THY WILL.  
TAKE AWAY MY DIFFICULTIES,  
THAT VICTORY OVER THEM MAY BEAR WITNESS TO THOSE I WOULD HELP OF THY POWER,  
THY LOVE,  
AND THY WAY OF LIFE.  
MAY I DO THY WILL ALWAYS!**

